



Postdoctoral Fellowship Training Program

Postdoctoral Fellowship Description

CLINICAL FOCUS

Title: Postdoctoral Fellowship in Early Childhood

APA-accredited: Yes

Site/Employer: Bradley Hospital – Bradley/Hasbro Children’s Research Center

Supervisor(s): Brooke DeWitt, PhD
Rachel Herman, PhD
Lindsay Huffhines, PhD
Christine Low, PhD
Rebecca Newland Kilch, PhD
Stephanie Parade, PhD
Rebecca Silver, PhD
Stephanie Shepard Umaschi, PhD
[Specific supervisors are collaboratively determined based on trainee activities]

Description of Site

The Emma Pendleton Bradley Hospital, founded in 1931, is the nation's first psychiatric hospital devoted to children and adolescents. Its services include a 72-bed acute inpatient program for children and adolescents with emotional, behavioral, and developmental disorders; partial hospital and intensive outpatient programs for children ages newborn to eighteen years with a range of emotional and behavioral issues; and a large and active outpatient treatment program offering individual, family, and group psychotherapy, medication management, occupational and speech/language therapy, and neuropsychological evaluations to children and adolescents with complex mental health needs.

The **Early Childhood Collaborative** is a part of Bradley Hospital and the Bradley/Hasbro Children’s Research Center. The Early Childhood Collaborative is dedicated to understanding and supporting young children, families, and the professionals and organizations that serve them. Emphasis is placed on understanding children in the context of relationships, families, and communities. Early Childhood Collaborative Faculty are actively involved in delivering a range of family-based intervention and prevention services, providing early childhood mental health consultation, conducting research and program evaluation, and facilitating professional development opportunities for early childhood systems.

Fellowship Aims

1. To provide the fellow with broad post-doctoral training in the areas of early childhood disorders, early childhood mental health consultation in community settings, evidence-based preventive interventions, and family assessment and treatment.
2. To enable the fellow to gain experience consulting to community agencies serving young children (birth to five years) and their families. Community programs may include childcare programs, Head Start and Early Head Start programs, public school settings, community-based organizations and/or pediatric primary care settings. Consultation activities may include: assessment and feedback around child, family, classroom and/or program

- functioning, facilitating multidisciplinary and/or care management teams, providing staff training, or providing broad-based clinical and consulting services.
3. To enable the fellow to gain outpatient child and family therapy skills, as well as assessment skills in the areas of early childhood disorders.
 4. To provide the fellow with a strong working knowledge of research in community-based program evaluation, developmental psychopathology, prevention and intervention science, and/or dissemination and implementation research.

Fellowship Timeline

The duration of the fellowship is 1-2 years, contingent upon satisfactory progress during the first year and adequate funding. The fellowship will initiate at the latest by September 1, 2027. Effort is typically allocated as follows: 70% clinical and consulting activities, 10% laboratory team research, 10% individual research time, and 10% didactics.

Clinical Activity Plan (70%)

In order to ensure that the fellow receives a high level of clinical training in the area of Early Childhood, the following activities will be required during the fellowship:

- Consulting and Intervention services: Clinical services may include traditional child and family therapy through the outpatient clinic, as well as early childhood mental health consulting services within community-based agencies or programs. Contact with specific community-based agencies or programs will vary depending upon clinical availability. Experience may be gained in implementing empirically-validated preventive intervention protocols, including the Incredible Years Series Parent, Teacher, and/or Dinosaur School (social skills curriculum for children) training(s); the Family Check-up; Parent-Child Interaction Therapy (PCIT) and/or strategies for assessing and building program capacity and organizational readiness.
- Clinical assessment: Assessment may include activities such as brief screening reports for community agencies, classroom assessments, family-based developmental evaluations, and assessments for research protocols for infants, toddlers, and preschoolers with a wide range of presenting issues.
- Clinical supervision: Supervision experiences will be provided through tiered supervision (e.g., supervision of a psychology resident) and experience with reflective practice and supervision.

Research Activity Plan (20%)

The fellow will be exposed to various aspects of child clinical and research work. This is achieved via participation in one or more of the following activities:

- Fellow may collaborate on completion of program evaluation tasks and support the preparation of program evaluation reports. These occur within the context of clinical contracts and community-based consultation activities.
- Study participation and coordination: The fellow may collaborate with supervisor(s) to conduct and coordinate research and/or program evaluation in at least one of several areas of ongoing work. These activities may include clinical interviewing.
- Review literature relevant to early childhood mental health consultation, prevention science, and/or developmental psychopathology. The fellow will be provided with a series of readings in the areas of specific interest developed in collaboration with the fellow's research mentor.
- Grant writing: The fellow will be supported to develop a grant idea and submit a grant proposal, if relevant to individual training goals.
- Manuscript preparation and submission: The fellow will be encouraged to collaborate on manuscript preparation and submissions to conferences. Individually tailored goals will be established in this area.

- The fellow will be provided the opportunity to participate in research meetings.

Path toward licensure: YES __X__ NO ____

Didactics (10%)

10% time is available for mandatory didactics. If the optional research didactics are chosen, this time will come out of a fellow's independent research time.

Postdoctoral Seminars: The fellow will participate in post-doctoral seminars through the Postdoctoral Fellowship Training Program.

Mandatory Didactics:

CCPSP Seminar (weekly)
Clinical Ethics Seminar Series (1 per month);
Core Seminar Series (1 per month);
DPHB Academic Grand Rounds (1 per month); and
Child and Adolescent Psychiatry Rounds (1 per month)

Optional Didactics:

RFP Seminar – Grant Writing, Special Topics in Statistics (weekly), Implementation Science Seminars, and Alcohol Center Seminars.

Supervision and Evaluation

Clinical Supervision will be provided in the form of weekly individual supervision and group supervision. Research Supervision is provided in the form of individual supervision and/or group supervision. Supervised supervision opportunities with junior trainees will be provided as part of the fellowship experience.

At the conclusion and midpoint of the fellowship, the fellow and the supervisors are requested to provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the [Brown Faculty](#) page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Office space: located at the Bradley/Hasbro Children's Research Center
- For CCPSP fellows individual office space is provided
- Access to personal desktop computer and project specific software; Internet access
- Telephone
- Reimbursement for mileage associated with clinical consulting responsibilities

Reporting and approval

This fellowship will be part of the CCPSP. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Director, Clinical Child Psychology Specialty Program (CCPSP)

Director, Postdoctoral Fellowship Training Program (PFTP)