



Postdoctoral Fellowship Training Program
Postdoctoral Fellowship Description
CLINICAL FOCUS

Title: Postdoctoral Fellowship in Adolescent Acute Care Services

APA-Accredited: Yes

Site/Employer: Bradley Hospital

Supervisor(s): Carla Correia, Psy.D., Primary Supervisor, Bradley Hospital (Adolescent Partial)
Molly Hedrick, Ph.D, Supervisor, Bradley Hospital (Adolescent Partial/REACH)
Emily May, Ph.D. Supervisor, Bradley Hospital (Adolescent Partial/REACH)

Description of Site

Bradley Hospital is the nation's first psychiatric hospital devoted to children and adolescents and is a national leader in training and research in child and adolescent psychiatry. In the Adolescent Partial Hospital Program (APHP), the clinical psychology fellow will develop competency in family, individual, and group therapy with adolescents who present with serious emotional and behavioral challenges within a partial hospital setting. The adolescents (ranging in age from 12-18 years old) display a broad range of psychopathology and diversity that is representative of the diversity across the state of Rhode Island and into Massachusetts. Our program represents a wide range of populations in terms of race, socioeconomic status, sexuality, and gender identity. Adolescents in our program seek treatment and support for mood and anxiety disorders, self-injurious behavior and suicidality, behavioral and interpersonal challenges, family conflict, academic struggles and school refusal, challenges with gender and identity development, social difficulties related to autism spectrum disorders, and the effects of trauma. The program aims to provide intensive therapeutic interventions with adolescents and their families, as well as consultation with their schools and outpatient providers. Adolescents typically remain in the program for 3-4 weeks. Fellows will participate in and receive supervision in all aspects of the APHP. They may also participate in the Bradley REACH APHP, a specialized, fully remote telehealth program, under the supervision of Dr. Hedrick and Dr. May. For both programs, fellows will complete clinical evaluations of participants and their families, as well as provide empirically based individual, group, and family therapies. Fellows will also participate in planning and consultation regarding transition back to community settings (school and outpatient therapies). Fellows may also have the opportunity to work with interpreters in the context of individual and family therapy. Clinical psychology fellows gain experience working collaboratively with an interdisciplinary treatment team that includes milieu therapists, nurses, teachers, psychologists, occupational therapists, art therapists, social workers, and psychiatrists. Opportunities for involvement in ongoing clinical outcomes research for the virtual and in-person APHP programs are available.

Fellowship Aims

1. To provide the Fellow with specialized postdoctoral training in treating adolescents in a partial hospitalization acute care setting, including the assessment and treatment of co-occurring disorders and other high-risk behaviors (i.e. self-injury, suicidality).

2. To enable the Fellow to gain experience in the delivery of evidence-based individual, family, and group interventions for adolescents presenting with high-risk behaviors as part of an interdisciplinary team.
3. To provide the fellow with professional development and experience in preparation for an academic clinical career in adolescent psychopathology.
4. To provide the fellow with a strong working knowledge of research involving adolescent psychopathology and adolescent risk prevention.

Fellowship Timeline

The duration of this APA-accredited fellowship is 1 year, with a second year of a general clinical fellowship encouraged and contingent upon satisfactory progress during the first year. The anticipated start date is July of the training year. Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time.

Clinical Activity Plan

70% of the Fellow's time (28 hours/week) will be devoted to clinical activities in the adolescent partial hospitalization program (APHP).

To ensure that the fellow receives a high level of clinical training in the area of assessment and treatment of adolescent psychopathology, the following activities will be required during the fellowship:

- **Treatment services:** The fellow will conduct evidence-based individual, group, and family therapy. The fellow will also have opportunities to supervise psychology residents and practicum students in the provision of skills-based groups.
 - a. Individual psychotherapy: 2 cases (4 sessions)/week
 - b. Family psychotherapy: 3 cases (6 sessions)/week
 - c. Group-based psychotherapy: 2 groups/week
 - d. Individual supervision: 2 hours/week (1 hour each with Drs. Correia and Hedrick; supervision also provided by Dr. May depending on cases and involvement in REACH programs)
 - e. Interdisciplinary treatment team meetings: 4 hours/week
- **Clinical assessment:** The fellow will conduct clinical and diagnostic evaluations of adolescents on their caseload using empirically-based assessment measures as indicated. If interested, the fellow may also conduct additional psychoeducational and diagnostic assessments under the supervision of Dr. Correia.
- **Clinical administration:** The fellow will participate in rounds, treatment team meetings, group supervision, and will be actively involved in treatment planning and program development activities in addition to completing all required documentation and clinical administrative duties.
- **Licensure:** The Fellow will apply for licensure as a Psychologist in the State of Rhode Island. Applying for temporary licensure prior to starting fellowship is optional, but not required.

Research Activity Plan

20% of the fellow's time (8 hours/week) will be spent on research activities focused on the assessment and treatment of adolescents, including 1 hour per week of supervision in clinical research. The fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature, diagnostic and clinical assessment of adolescent study participants, evaluating outcomes of implementing empirically based interventions for adolescents and their families, quality improvement projects, and manuscript preparation and submission. The fellow will be encouraged to collaborate on manuscripts and poster submissions at national conferences. Individually tailored goals will be established in this area.

Didactics

The fellow will participate in the following postdoctoral seminars through the Brown Postdoctoral Training Program (10% of fellow time, 4 hours/week).

Mandatory Didactics: Core Seminar Series (1 per month);
DPHB Academic Grand Rounds (1 per month);
Clinical Ethics Seminar Series (1 per month); and
Child Track Seminar Series (1 per week).

Optional Didactics: Academic Friday–e.g., Grantsmanship, Special Topics in Statistics and
Center for Alcohol and Addiction Studies (CAAS) Seminars

Supervision and Evaluation

A minimum of three hours of individual supervision will be provided per week. The fellow will receive one hour of individual clinical supervision from each Dr. Correia and Dr. Hedrick (for a total of at least two hours of individual clinical supervision per week). The fellow will also receive 1 hour of individual research supervision per week from Dr. May.

In addition, the fellow will provide mentored clinical supervision for clinical psychology residents and practicum students when they are assigned to the clinical service with the fellow.

Every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the [Brown Faculty](#) page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software including statistical software
- Internet access
- Telephone

For CPP, CCPSP, and CNSP fellows, office space is provided

Path toward licensure: YES ☒ NO ☐ The fellow will receive clinical hours toward licensing through the clinical activity plan as well as the clinical research activities (assessment of adolescents enrolled in clinical research studies).

Reporting and approval

This fellowship will be part of the Child Track. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Director, Clinical Child Psychology Specialty Program

Director, Postdoctoral Fellowship Training Program