DEPARTMENT OF PSYCHIATRY AND HUMAN BEHAVIOR

CLINICAL PSYCHOLOGY TRAINING PROGRAMS

Postdoctoral Fellowship Training Program Postdoctoral Fellowship Description

CLINICAL FOCUS

Title:	Postdoctoral Fellowship in Latine Adolescent Psychopathology and Psychotherapy
	APA-accredited:X_YESNO
Site:	Hasbro/Bradley Mi Gente Outpatient Program
Supervisor(s):	Yovanska Duarte-Velez, PhD (Primary Supervisor) Gisela Jimenez-Colon, PhD

Description of Site

The goal of this fellowship is to provide training in the assessment and treatment of Latine adolescent psychopathology, including depression, suicidality, non-suicidal self-injury, and trauma. This includes working with adolescents' families from a cultural, systemic, and ecological approach. Training goals will be met by participating in a clinical research program. The aim of the proposed research is to test a model of providing treatment to Latine/Hispanic youth, who experience suicidal thoughts and behavior, and their caregivers. An affirmative and culturally relevant treatment will be provided to all youth and half of the families will be assigned to the additional support of a community health worker (CHW). Youth symptoms and family engagement to treatment will be followed for nine months. The potential benefit of adding the CHW intervention will be assessed. Due to the demographics of the patients and families we serve in the Mi Gente Program, *Spanish language proficiency is required*.

Research participants will receive mental health services through the Mi Gente Program (My People), which is based at the Child and Family Outpatient Services Department at Hasbro/Bradley Hospital. Mi Gente Program is an affirmative evidence-based and culturally relevant mental health program devoted to Latine/Hispanic youth who experience mood disorders, trauma, and suicidality. Referrals to the Mi Gente Program come from higher levels of inpatient and partial-hospitalization care at Bradley Hospital and Hasbro Children's Hospital as well as from the community. Collectively, the Lifespan system provides most of the mental health services to children in Rhode Island. Dr. Duarte-Velez is the Director of Mi Gente Program and the InVita Research Lab at the Bradley Hasbro Children's Research Center at Lifespan.

Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time; 28 hours per week of training will be spent on clinical activities related to the provision of mental health services, including clinical evaluations, individual therapy, caregiver/parenting interventions, family sessions, and supervision. Fellows will spend 8 hours per week in research activities and 4 hours per week in didactic activities (e.g., grand rounds, post doc seminar).

Fellowship Aims

1. To provide the Fellow with broad postdoctoral training in clinical child adolescent psychopathology within an outpatient setting, particularly for Latine youth.

- 2. To enable the Fellow to gain experience in the delivery of individual, caregivers/parenting, and family evidence-based interventions for Latine adolescents presenting with significant mood disorders, trauma, and suicidality.
- 3. To provide the Fellow with a strong working knowledge and training on skills necessary to conduct research in child and adolescent clinical outcomes within the Latine/Hispanic community.
- 4. To enable the Fellow to gain knowledge and experience in the area of community engagement/collaboration as well as implementation research.

Fellowship Timeline

The duration of the fellowship is 1 year, with an anticipated start date between June 1 and September 1 of 2025.

Clinical Activity Plan

Seventy percent of the Fellow's time (28 hours/week) will be devoted to direct and indirect services to Latine adolescent patients to ensure that the fellow receives clinical training in the provision of evidence-based psychotherapy for Latine youth and their families, specifically culturally centered CBT (Socio-cognitive behavioral therapy for suicidal behaviors- SCBT-SB). Treatment will focus on Latine youth with mood disorder, suicidal behaviors, and trauma. This will include the following activities:

- Treatment services (50% about a caseload of 15 youth): The fellow will participate in the care of outpatients through the Mi Gente Program, an on-site outpatient specialized program for Latine youth. The Fellow will provide evidence-based treatments for Latine youth (Cognitive Behavioral Therapy for Depression (CBT), SCBT-SB, Interpersonal Psychotherapy (IPT), and Trauma Focused CBT (TF-CBT).
- Clinical assessment (10%): The Fellow will conduct clinical and diagnostic evaluations of adolescents as part of the Outpatient Department's intake process, including clinical research-based assessments in suicide risk, depression, trauma, and socio-environmental factors, such as discrimination, and community violence.
- Clinical administration (5%): The Fellow will participate in weekly Mi Gente Team Meetings and weekly Peer Group Supervision in which challenging cases are discussed as a team. They will be actively involved in treatment planning and the development of outreach activities, in addition to completing all required documentation and clinical administrative duties. The Fellow will have the opportunity to participate in outreach activities, including providing workshops in the community.
- Clinical supervision: Supervision experience will be provided through tiered supervision (i.e., supervision of a psychology resident or practicum student under the supervision of a licensed psychologist). The Fellow will receive at least two hours per week of individual supervision with Drs. Duarte-Velez and Jimenez-Colon.
- *Licensure*: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island. **This includes applying for temporary licensure prior to starting fellowship.**

Research Activity Plan

- Clinical-Research Collaboration (20%, approximately 8hrs/week): The Fellow will participate in research activities as part of ongoing research that is evaluating the potential benefits of including community health workers (CHW) as part of the *Provider Clinical Team* to support L/H youth at suicide risk and their families. In this context, the Fellow will participate in different research meetings and activities, some in a weekly basis and others more spread out, with the research team, community collaborators, the CHW, the Mi Gente Advisory Board, and others. Ten percent (4 hrs/week) time will be dedicated to develop their own research interest.
- The Fellow will work with Dr. Duarte-Velez to identify areas of interest, to review relevant literature, and to pursue a research question by using the existing data from Dr. Duarte-Velez' Lab. Potential areas for research participation and collaboration will include the following: the use of family assessment tasks to measure family functioning and parenting, qualitative analyses of interviews conducted to clinicians in topics such as LGBTQ+, cultural challenges in doing therapy in Puerto Rico, among others. The Fellow will be encouraged to collaborate with other researchers on the team around preparation of manuscripts for publication and/or for presentation at national conferences.
- Research supervision, separate from clinical supervision, will be provided by Dr. Duarte-Velez.

Didactics

10% time (4 hours/week) is available for mandatory didactics.

Postdoctoral Seminars: The Fellow will participate in post-doctoral seminars through the Brown Post-doctoral Training Program.

Mandatory Didactics: Clinical Child Psychology Specialty Program seminar (1 per week)

Core Seminar Series (1 per month);

DPHB Academic Grand Rounds (1 per month); Child Psychiatry Grand Rounds (1 per month) Clinical Ethics Seminar Series (1 per month)

Optional Didactics: RFP Seminar–Grant Writing, Special Topics in Statistics (weekly)

Supervision and Evaluation

Supervision will be provided in the form of weekly individual supervision with licensed psychologist on site (Drs. Duarte-Velez and Jimenez-Colon). Every 6 months the Fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the **Brown Faculty** page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software
- Internet access
- Telephone
- Private office space for personal use for clinical and research activities.

Reporting and approval
This fellowship will be part of the Child Track. The position has been discussed and approved by the CCPSP faculty.

Director, Clinical Child Psychology Specialty Program (CCPSP)

Director, Postdoctoral Fellowship Training Program