Postdoctoral Fellowship Training Program
Postdoctoral Fellowship Description
CLINICAL FOCUS

Title:	Postdoctoral Fellowship in Adolescent Inpatient Services in Pediatric Psychology
	APA-accredited: YES _X_ NO __
Site:	Rhode Island Hospital and Hasbro Children's Hospital, Providence Rhode Island
Supervisor(s):	Margaret Mannix, PhD
	Rawya Aljabari, PhD
	Jack Nassau, PhD
	[Specific supervisors are determined based on trainee rotation choices]

Description of Site

A division of Rhode Island Hospital, Hasbro Children's Hospital is the region's premiere provider of pediatric clinical care. The hospital offers a broad spectrum of both routine care and specialty programs not available elsewhere.

Hasbro Children's has the only pediatric emergency department, Level 1 Trauma Center, pediatric critical care teams, and 24-hour ambulance in the region. Psychologists are interdisciplinary team members of several hospital services, including outpatient specialty clinics, consultation-liaison, partial hospitalization, and inpatient medical psychiatric care.

Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time. The fellow will have 8 months on Hasbro Behavioral Health Inpatient Unit [BHU], the medical psychiatric inpatient unit, and then be able to choose from 2 other clinical positions for the remainder of the year (4 months): Hasbro Partial Hospitalization Program [PHP], or Consultation/Liaison service [C/L]. 28 hours per week of training will be spent on one of the intensive services above. Fellows will spend 8 hours per week in research activities and 4 hours per week in didactic activities (e.g., grand rounds, post doc seminar).

BHU is a 16-bed inpatient psychiatric unit for adolescents ages 12-17. Patients have co-morbid medical and psychiatric illnesses. The treatment goals are to increase functionality in the setting of debilitating physical illness (e.g., functional neurological symptom disorder, eating disorders, diabetic mismanagement). Trainees will provide individual, group and family therapy. They will also participate in safety and aftercare planning. Trainees are part of the interdisciplinary team (including pediatricians, pediatric nurses, nutritionists, physical therapists, and more) and join rounds, team supervisions, and have the opportunity to work with other trainees at different levels of their training journey (practicum students and interns).

PHP provides multidisciplinary, family-systems-oriented treatment within a day hospital setting for children and adolescents ages 6-18 with complex medical and psychological needs (e.g., pain disorder with depression and school avoidance, eating disorder with trauma). Treatment enhances illness management and facilitates reintegration into normative activities. Trainees provide individual, group, and family therapy, with a focus on developing family therapy skills.

CL provides consultation to pediatric medical providers regarding psychiatric and/or behavioral problems in patients admitted to Hasbro Children's Hospital. The fellow will conduct initial consultations and follow-up visits and assist in treatment planning and coordination of care. Depending on patients' length of admission, there may be opportunities for family-based treatment.

Fellowship Aims
- To provide the fellow with specialized, post-doctoral, multidisciplinary training in the area of intensive psychiatric services and pediatric psychology.

- To provide the fellow with skills necessary to design and conduct psychosocial and behavioral research in child and adolescent psychology.

- To provide the fellow with advanced training in assessment and treatment (individual, family, and group-based) for children and adolescents with chronic illnesses and disabilities and their families.

Fellowship Timeline
The duration of the fellowship is 1 year. The anticipated start date is between July 1 and September 1 of the training year.

Clinical Activity Plan (70%)
70% of the Fellow's time will be devoted to clinical activities in one of the above described service areas. In order to ensure that the fellow receives a high level of clinical training in the area of assessment and treatment, the following activities will be required during the fellowship:

- Treatment services: All rotations (PHP, BHU, and C/L) include treatment services. The fellow will conduct evidence-based treatment to include individual, group, and family therapy.

- Clinical assessment: The Fellow will conduct clinical and diagnostic evaluations of children and adolescents (the PHP or BHU assessment process, consults for the C/L service).

- Clinical administration: The Fellow will participate in multidisciplinary rounds and staff meetings. Fellow will be actively involved in treatment planning in addition to completing all required documentation and clinical administrative duties.

- Licensure: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island.

Path toward licensure: YES__X___ NO_____ The fellow will receive clinical hours toward licensing through both the clinical activity plan as well as any clinical research activities in which they are involved.

Research Activity Plan (20%)
20% of the Fellow's time will be spent on psychosocial and behavioral research in pediatric psychology. The fellow will be matched with a research supervisor based on their interests and experience. The Fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature: The fellow will be encouraged to collaborate on manuscript preparation and/or poster submissions at local or national conferences/research forums. Individually tailored goals will be established in this area.

- Clinical research collaboration: The Fellow will develop a research question in collaboration with a research supervisor using existing data to complete a project in an area of interest within the broad area of psychosocial and behavioral pediatric psychology research. Opportunities to collect data may also exist.

Didactics (10%)

10% time (4 hours/week) is available for supervision and mandatory didactics. If the optional didactic (Academic Friday) is chosen, this time will come out of the 20% research time.

Postdoctoral Seminars: The fellow will participate in post-doctoral seminars through the Postdoctoral Fellowship Training Program.

Mandatory Didactics:
Core Seminar Series (1 per month);
DPHB Academic Grand Rounds (1 per month);
Child Psychiatry Grand Rounds (1 per month)
Clinical Ethics Seminar Series (1 per month); and
Clinical Child Psychology Specialty Program Seminar Series (1 per week).

Optional Didactics:
RFP Seminar–Grant writing, Special Topics in Statistics (weekly)

Supervision and Evaluation

The Fellow will receive two hours per week of individual supervision with two supervising psychologists – one with a supervisor on the intensive service and one with the fellowship coordinator (Dr. Aljabari). They will receive at least two hours per week of other structured clinical learning activities (e.g., group supervision, service rounds, etc.), and one hour a week for individual supervision with supervising psychologist on research.

At the conclusion and midpoint of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the **Brown Faculty** page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software
- Internet access
- Telephone
- Individual office space

Reporting and approval

This fellowship will be part of the CCPSP. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Director, Clinical Child Psychology Specialty Program (CCPSP)

Director, Postdoctoral Fellowship Training Program (PFTP)