

Clinical Psychology Training Programs at Brown: A Consortium of the Providence VA Medical Center, Lifespan, and Care New England Postdoctoral Fellowship Training Program Postdoctoral Fellowship Description: CLINICAL FOCUS

Title: Postdoctoral Fellowship in Pediatric Psychology – Integrated Primary Care

APA-accredited: YES X NO ___

Site: Rhode Island Hospital and Hasbro Children's Hospital, Providence Rhode Island

Supervisor(s): Wendy Plante, PhD, fellowship coordinator, Outpatient Psychiatry clinic supervisor

Janet Anderson, EdD, Medicine Pediatrics Clinic supervisor

Michelle Pievsky, PhD, Pediatrics Primary Care Clinic supervisor, research supervisor Additional supervisors, if fellows participates in Pediatrics Specialty Clinic and/or chooses to conduct research within two pediatric psychology specialty areas

Description of Site

A division of Rhode Island Hospital, Hasbro Children's Hospital is the region's premier provider of pediatric clinical care. The hospital offers a broad spectrum of both routine care and specialty programs not available elsewhere.

Hasbro Children's is an 87-bed hospital with the only pediatric emergency department, Level 1 Trauma Center, pediatric critical care teams, and 24-hour ambulance in the region. Psychologists are interdisciplinary team members across a variety of hospital services, including outpatient specialty clinics, consultation-liaison, partial hospitalization, and inpatient psychiatric care.

Activities are distributed as follows: 70% clinical time (50 – 60% across the Pediatric Primary Care and Medicine Pediatrics clinics; 10% Child Psychiatry Outpatient Clinic; Optional: 10% Pediatrics Specialty Clinic/s), 20% research time, and 10% didactic time. The fellow will spend the majority of their clinical time in the Hasbro Pediatric Primary Care and/or Medicine Pediatrics Primary Care Clinics and the Child Psychiatry Outpatient Clinic. Depending on the fellow's goals and interests, they may also opt to spend some of this time in a pediatrics specialty clinic (e.g., Eating Disorders Clinic, Diabetes Clinic, Pediatric Rehab, etc.). Fellows will spend 20% per week in research activities and 10% time in didactic activities (e.g., grand rounds, post doc seminar).

The Hasbro Pediatric Primary Care and Medicine Pediatrics Clinics are nationally recognized by National Committee of Quality Assurance (NCQA)_certification and by the state of RI as patient-centered medical homes for children and youth, providing high-quality family- and patient-centered care. They provide optimal health and development through a commitment to quality measurements, accountability for costs and outcomes, a focus on population health, and dedication to data-driven system improvement. Both clinics prioritize team-based care, with families being at the center. Fellows will be an integral part of the team providing consultation, assessment, and brief interventions. They will also be involved in teaching and training and program development.

The Hasbro Child Psychiatry Outpatient Clinic serves children and adolescents referred from throughout the hospital and the community, with a specialty in addressing the intersection of physical health and psychological functioning. Frequently referred problems include difficulty adjusting to acute and chronic illnesses, nonadherence to medical treatments, eating/feeding difficulties, pain and other somatic symptoms, and health-related emotional and behavioral difficulties. The fellow will receive advanced training in all aspects of assessment, diagnosis, and treatment of these conditions and will have the opportunity to provide short- and long-term individual and family therapy in collaboration with psychiatrists, care coordinators, and Hasbro specialty teams. The fellow may also provide group therapy, depending on preference.

The <u>Hasbro Children's Hospital Pediatrics Specialty Practices</u> comprise integrated teams of practitioners, with expertise in over 40 pediatric specialty areas, who provide comprehensive patient- and family-centered care for patients from infancy through 25 years old and their families. Psychologists and trainees currently provide integrated behavioral health care across 17 clinics, e.g., Diabetes Clinic, Pediatric Rehabilitation Clinic, Gastroenterology Clinic, Sickle Cell Clinic.

Fellowship Aims

- To provide the fellow with specialized, post-doctoral, multidisciplinary training in pediatric psychology, with a specific focus on consultation, assessment, treatment, and program development in integrated behavioral health. Fellows will become experienced in working with children and adolescents with acute and chronic health concerns across different models of care.
- To prepare the fellows to function successfully as part of an interdisciplinary care team in an academic medical center or outpatient pediatric setting assessing and treating a variety of health concerns in children and adolescents.
- To provide fellows with expertise in teaching and supervising learners across disciplines and at different levels of training in topics related to pediatric psychology.
- To provide the fellow with skills necessary to design and conduct psychosocial and behavioral research in pediatric psychology, with a specific focus on integrated care.

Fellowship Timeline

The duration of the fellowship is 1 year, with the anticipated start date in July or September of the training year.

Clinical Activity Plan (70%)

70% of the Fellow's time will be devoted to clinical activities in the service areas described above. In order to ensure that the fellow receives a high level of clinical training in the area of assessment and treatment, the following activities will be required during the fellowship:

- Clinical assessment: The Fellow will conduct psychological evaluations and health and behavior assessments of children and adolescents in all clinical settings.
- Treatment services: In the Primary Care clinics, the fellow will provide clinical consultation and will provide single session and brief evidence-based intervention for behavioral health concerns related to general child health concerns (sleep, nutrition, learning and development, parent-child interactions), chronic illness, adherence to medical

treatment, and psychiatric concerns (e.g., ADHD, depression, anxiety). They will also have the opportunity to provide longer-term psychological treatment in the Outpatient Psychiatry Clinic.

- Training in clinical supervision: Supervision experience will be provided through tiered supervision (i.e., supervision by the fellow of a psychology resident or practicum student under the supervision of a licensed psychologist). In addition, there will be informal teaching opportunities with pediatric medical residents during routine multidisciplinary patient care and there are frequently opportunities to present on topics of interest in the clinics.
- Clinical administration: The Fellow will participate in multidisciplinary rounds and team meetings. Fellow will be actively involved in treatment planning and program development in addition to completing all required documentation and clinical administrative duties.
- Licensure: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island.

Path toward licensure: YES_X_ NO___ The fellow will receive clinical hours toward licensing through both the clinical activity plan as well as any clinical research activities in which they are involved.

Research Activity Plan (20%)

20% of the Fellow's time will be spent on psychosocial and behavioral research on service delivery in integrated primary care, under supervision of one of their primary care clinic supervisors. In addition, the fellow may also ask to be matched with an additional research supervisor if they choose to focus on two areas of focus. The Fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature and manuscript preparation and submission: The fellow will be
 encouraged to collaborate on manuscript preparation and/or poster submissions at local or
 national conferences/research forums. Individually tailored goals will be established in this
 area.
- Study coordination: The Fellow will develop a research proposal and complete a project within the area of integrated primary care delivery, and, if they choose, another topic within the broad area of psychosocial and behavioral pediatric psychology research.

Didactics (10%)

10% time (4 hours/week) is available for supervision and mandatory didactics. If the optional didactic (Academic Friday) is chosen, this time will come out of the 20% research time.

Postdoctoral Seminars: The fellow will participate in post-doctoral seminars through the Postdoctoral Fellowship Training Program.

Mandatory Didactics:

Core Seminar Series (1 per month); DPHB Academic Grand Rounds (1 per month); Child Grand Rounds (1 per month); Clinical Ethics Seminar Series (1 per month); and CCPSP Seminar Series (1 per week).

Optional Didactics:

Academic Friday-Grantsmanship, Special Topics in Statistics and Alcohol Center Seminars.

Supervision and Evaluation list names

The Fellow will receive three hours per week of individual clinical supervision – two hours with the psychologists overseeing their Primary care and Medicine Pediatrics clinic work, and, if applicable, their Pediatrics Specialty Care clinic time, and one with the fellowship coordinator. They will receive at least two hours per week of other structured clinical learning activities (e.g., group supervision, multidisciplinary case discussion within the clinics, etc.), and one hour a week of individual supervision with the supervising psychologist on research. Supervision of their teaching/supervision activities will be encompassed within the three hours of clinic supervision described above.

At the conclusion and midpoint of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the **Brown Faculty** page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care (in the Pediatrics clinics and at Coro/POB)
- A computer and project specific software
- Internet access
- Telephone
- Individual office space (Coro/POB)

Reporting and approval

This fellowship will be part of the CCPSP. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Director, Clinical Child Psychology Specialty Program (CCPSP)

Director, Postdoctoral Fellowship Training Program (PFTP)