



**Clinical Psychology Training Programs at Brown: A Consortium of the
Providence VA Medical Center,
Lifespan, and Care New England
Postdoctoral Fellowship Training Program
Postdoctoral Fellowship Description: CLINICAL FOCUS**

Title: Postdoctoral Fellowship in Clinical Outcomes of Child Intensive Services (PHP)

APA Accredited: YES X NO

Site: Bradley Hospital Child Partial Hospital Services

Supervisor(s): Jennifer Hellmuth, Ph.D. (Primary CPHP Clinical Supervisor)
Stephanie Parade, PhD (Primary Research Supervisor)
Erik Hood, Ph.D. (CPHP Clinical supervisor)
Hallie Riggs, LICSW (CPHP Clinical Supervisor)
Ryann Morrison, PhD (CPHP Clinical Supervisor)

Description of Site

The Emma Pendleton Bradley Hospital, founded in 1931, is the nation's first psychiatric hospital devoted to children and adolescents. Its services include a 72-bed acute inpatient program for children and adolescents with emotional, behavioral, and developmental disorders; day hospital and intensive outpatient programs for children ages newborn to eighteen years with a range of emotional and behavioral issues; and a large and active outpatient treatment program offering individual, family, and group psychotherapy, medication management, occupational and speech/language therapy, and neuropsychological evaluations to children and adolescents with complex mental health needs.

In the Children's Partial Hospital Program rotation, the clinical psychology fellow has the opportunity to develop competency in assessment, treatment, and consultation with children who present with serious emotional and behavioral challenges within a partial hospital setting. The children (ranging in age from 7-12 years old) display a broad range of psychopathology and typically remain in the program for 6-8 weeks. The program aims to provide intensive therapeutic interventions with children and their families, beginning with a comprehensive family and child assessment, followed by goal setting with family and child based on this assessment. Clinical psychology fellows will participate and receive supervision in all aspects of the partial hospital program. They will complete clinical evaluations of patients and their families, as well as providing individual, group, and/or family therapies. Fellows typically have the opportunity to provide empirically based treatments for children within individual and group formats and for families, and specifically to apply DBT knowledge to a DBT skills group in CPHP. Fellows may have opportunities to consult to program staff regarding appropriate milieu interventions and the outcome of psychological assessments. Fellows will also participate in planning and consultation regarding patient transition back to community settings (school and outpatient therapies). Clinical psychology fellows gain experience working collaboratively with a multidisciplinary treatment team that includes milieu therapists, nurses, teachers, psychologists, social workers, occupational therapist, art therapist, speech and language pathologists, nutritionists, and psychiatrists.

Fellowship Aims

1. To provide the fellow with broad post-doctoral training in assessing and treating severe psychiatric illness in childhood and adolescence across levels of care.
2. To enable the fellow to gain experience in the delivery of individual, family, and group evidence-based interventions for children, adolescents, and their families.
3. To provide the fellow with a strong working knowledge and training on skills necessary to conduct research in the areas of clinical outcomes and treatment program evaluation.

Fellowship Timeline

The duration of the fellowship is 2 years, contingent upon satisfactory progress. The anticipated start date is July or August of the training year. Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time. The proposed breakdown is approximately 28 hours a week devoted to rotations on Children's Partial Hospital, 8 hours of research release time and research/writing mentorship, and 4 hours a week for didactic activities (grand rounds, post doc seminar, Friday research seminars) across the two-year fellowship.

Clinical Activity Plan (70%)

70% of the Fellow's time will be devoted to clinical activities in above-described service area. To ensure that the fellow receives a high level of clinical training in assessment and treatment, the following activities will be required during the fellowship:

- Treatment services: The Fellow will conduct evidence-based individual, group, and family therapy. The fellow will also supervise the provision of skills-based groups for patients.
- During clinical rotations, approximately 28 hours of the Fellow's time/effort will be devoted to the provision of treatment services.
 - a. Individual psychotherapy (up to ~6 hours/week)
 - b. Family psychotherapy (up to ~4 hours/week)
 - c. Group-based psychotherapy (~6 hours/week)
- Clinical assessment: The Fellow will conduct clinical and diagnostic evaluations of children and adolescents as part of the program's intake process. Up to 5 hours/week can be devoted to clinical and diagnostic evaluations.
- Clinical administration: The Fellow will participate in rounds, staff meetings, teams, and will be actively involved in treatment planning and program development activities in addition to completing all required documentation and clinical administrative duties. Approximately 6 hours/week will be devoted to team and to clinical administration and program development activities.
- Clinical supervision: The Fellow will gain experience with tiered supervision of clinical psychology trainees assigned to the clinical service with the Fellow.
- Licensure: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island. This includes applying for temporary licensure prior to starting fellowship.

Research Activity Plan (20%)

20% of the Fellow's time will be spent on research activities focused on clinical outcomes measurement. The Fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature, refining data collection process, Manuscript preparation and submission: The fellow will be encouraged to collaborate on manuscript preparation and poster submissions at national conferences. Individually tailored goals will be established in this area.

- Study coordination: The Fellow will develop a research proposal and complete a project in an area of interest within the broad area of clinical outcomes and evaluation of treatment effectiveness. Ideally this will be completed using EHR system, REDCap, and previously chosen assessment measures available within these systems to assess outcomes.

Didactics (10%)

10% time (4 hours/week) is available for supervision and mandatory didactics. If the optional didactic (Academic Friday) is chosen, this time will come out of the 20% research time.

Supervision: The Fellow will receive two hours per week of individual supervision with supervising psychologists on treatment services, and one hour a week for individual supervision with supervising psychologist on research.

Postdoctoral Seminars: The fellow will participate in post-doctoral seminars through the Brown Postdoctoral Training Program.

Mandatory Didactics:

- Core Seminar Series (1 per month);
- DPHB Academic Grand Rounds (2 per month);
- Clinical Ethics Seminar Series (1 per month); and
- Child Track Seminar Series (1 per month).

Optional Didactics:

- Academic Friday–Grantsmanship, Special Topics in Statistics and Alcohol Center Seminars.

Supervision and Evaluation

Supervision will be provided in the form of weekly individual clinical supervision with licensed psychologists on site (Drs. Hellmuth, Morrison, Hood, and Riggs) and individual/group research supervision (Dr. Parade). Dr. Hellmuth will serve as the primary clinical supervisor for the fellowship, and Dr. Parade as the primary research supervisor.

At every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Please visit the [Brown Faculty](#) page to view supervisor profiles.

Resource Requirements

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software
- Internet access
- Telephone
- For CCPSP fellows, individual office space is provided.

Path toward licensure: YES NO The fellow will receive clinical hours toward licensing through both the clinical activity plan as well as clinical research activities (structured clinical assessment of adolescents enrolled in DBT treatment).

Reporting and approval

This fellowship will be part of the CCPSP. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Director, Clinical Child Psychology Specialty Program (CCPSP)

Director, Postdoctoral Fellowship Training Program (PFTP)